HE/\LTHY Hands for the Kennedys

> Help us support the Kennedy family

AHE/NLTHY Hands Service Spotlight



This isn't charity. It's community.

In Loving Memory of:

Nicole Garie Kennedy

October 6, 1983-April 28, 2025



After the passing of Nicole
Kennedy, her husband Gary now
cares for their five young
children—rebuilding life, love,
and home.
We're rallying to support their
journey through our Healthy

Hands community effort.

Why it Matters:

This isn't charity. It's community. Let's surround this family with strength, hope and support—together.

Learn more at: Give with Love – Support the Kennedy Family

How to Help:

• Donate to their GoFundMe campaign:



Share this story with your network

Who we are

We are:

Healthy Hands is the outreach arm of Healthy Real Estate & Associates, made up of clients, agents, neighbors, and friends who come together to serve those facing challenges at home. Whether it's a single parent needing help with a move, an elderly neighbor whose yard needs care, or a family overwhelmed by home repairs—they're not alone.

We are:

- Helpers—ready to roll up our sleeves and meet practical needs with humility and care.
- Connectors—bringing people together across backgrounds to create real, relational impact.
- Believers—in the power of service to restore dignity, hope, and stability to every home we touch.

We are:

We're neighbors serving neighbors—one small act of kindness at a time. We show up. We step in. We lend a hand.

What we do

We provide:

- Volunteer-powered home assistance (yard work, minor repairs, organization, etc.)
- A nomination system for identifying individuals or families in need
- Regularly scheduled service days to bring help and hope directly to the doorstep

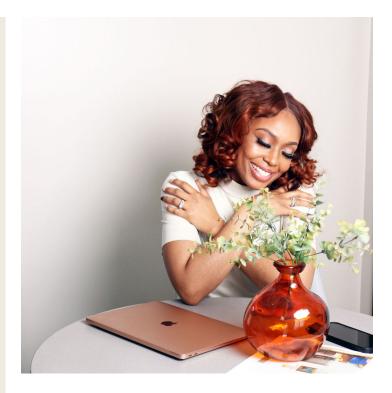
We're not a construction crew. We're not a charity. We're neighbors serving neighbors.

Why we do it:

We serve because:

- We're a people-first company, and service is how we live that out.
- Home is more than a roof—it's a refuge.
 When we care for people's homes, we care for their well-being.

Community thrives when we show up for each other. By lending a hand, we build stronger, more connected neighborhoods.



"Together, we're creating a movement where real estate meets real impact-one home, one neighbor, one act of service at a time."

- Founder

HEMLTHY

T: 302-314-3775 sharon@hreassociates.com www.hreassociates.com