

Herbs *for* Everything



A TEA & WELLNESS EXPERIENCE

Join us for a nurturing and educational journey into the world of herbs! This small group reconnects us with the healing power of plants — offering practical knowledge you can use to manage stress, improve digestion, boost immunity, and more.

This information empowers you to take wellness into your own hands, one cup of tea at a time.

SEPTEMBER 13, 2025 - 11AM-NOON

ROUTE 9 LIBRARY & INNOVATION CENTER

3022 NEW CASTLE AVE NEW CASTLE, DE 19720

COST: \$15 – INCLUDES WORKSHOP + TEA BLEND SUPPLIES

Registration closes September 9th.

Contact Shaquilla with questions Shaquilla@hreassociates.com